

### SYLLABUS FOR FASHION DESIGNING 1<sup>ST</sup> YEAR

WEEK NO.	PROFESSIONAL SKILLS (TRADE PRACTICAL)	PROFESSIONAL KNOWLEDGE(TRADE THEORY)
1.	1.Familiarization with the Institute Theory <ul style="list-style-type: none"> <li>• Neck Designing</li> <li>• Layout</li> <li>• Drafting</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Trade</li> <li>• Job Prospects</li> <li>• Safety Precautions</li> <li>• First Aid</li> </ul>
2	2.Familiarization with the Handling of Tools 3. Safety Precautions while handling the tools  4. Seam File	Basic Industrial Terminology Trade related tools , their importance , usage and safety. <ul style="list-style-type: none"> <li>• Measuring Tools</li> <li>• Drafting Tools</li> <li>• Making Tools</li> <li>• Cutting Tools</li> <li>• Sewing Tools</li> <li>• Finishing Tools</li> </ul>
3.	5. Identification of Fabrics and texture.  6. Handling of Fabrics.  7. Hand Stitch  8. Temporary & Permanent Stitch  9. Heming  10.Basic Design	Fabric Fundamentals <ul style="list-style-type: none"> <li>• Brief idea about fibers</li> <li>• Types of Fabrics</li> <li>• Selection of needle and thread</li> <li>• according to fabric types</li> <li>• Broken needle fabric</li> <li>• preparation for cutting</li> <li>• Fabric Grain</li> <li>• Selvedge</li> <li>• Shrinkage</li> <li>• Straightening the fabric Grain</li> <li>• Measurements</li> <li>• Units</li> <li>• Measuring Techniques.</li> </ul>
4	11. Practice on Industrial Single needle lock stitch	Basic Sewing Machine Parts and functions

	<p>Sewing Machine</p> <p>12. Ergonomic principle of sitting on sewing machine.</p> <p>13. Speed Control.</p> <p>14. Practice on paper.</p> <p>15. Threading of machine.</p> <p>16. Bobbin winding &amp; loading.</p> <p>17. Practice on fabric..</p>	<ul style="list-style-type: none"> <li>• Machine needle</li> <li>• Switch formation</li> <li>• Sewing machine practice</li> <li>• Care and maintenance</li> <li>• Trouble Shooting</li> <li>• Types of Industrial Sewing Machine</li> </ul>
5	<ul style="list-style-type: none"> <li>• Straight lines</li> <li>• Square</li> <li>• Zigzag lines</li> <li>• Circle</li> <li>• Semicircle</li> <li>• Spiral</li> </ul> <p>18. Practice on over lock machine</p> <ul style="list-style-type: none"> <li>• Threading</li> <li>• Running</li> </ul>	<ul style="list-style-type: none"> <li>• Parts and functions</li> <li>• Machine practice</li> <li>• Care and maintenance</li> <li>• Trouble Shooting Basic Garment Analysis.</li> </ul>
6	<p>19. Practice of making Seams</p> <ul style="list-style-type: none"> <li>• Plain Seam (Straight &amp; Curved)</li> <li>• with seam finishes</li> <li>• Self-Enclosed seams Top stitched seams</li> <li>• Corded Seams</li> <li>• Decorative seams</li> </ul> <p>20. Practicing with sewing Aids</p>	<p>Seams</p> <ul style="list-style-type: none"> <li>• Classification</li> <li>• Uses</li> <li>• Properties of Seams</li> <li>• Seam finishes Sewing Aids</li> <li>• Presses foots</li> <li>• Folders</li> <li>• Guides</li> </ul>

7	21. Making Samples of <ul style="list-style-type: none"> <li>• Darts</li> <li>• Pleats</li> <li>• Skirts</li> <li>• Top</li> <li>• Midi</li> <li>• Frock</li> </ul>	Introducing Fullness <ul style="list-style-type: none"> <li>• Darts-Necessity type &amp; precautions during stitching</li> <li>• Pleats-Necessity type &amp; uses.</li> </ul>
8	22 . Making Samples of	Introducing Fullness
9	<ul style="list-style-type: none"> <li>• Gathers and Shirrs</li> <li>• Frills</li> <li>• Flower making</li> </ul>	Tucks-Types & use Gathering and Shirring Ruffles/Frills-Types (Straight & Circular) & uses
10	23. Practice of Hand stitches & Making Samples of them. <ul style="list-style-type: none"> <li>• Gents hand kerchief Rumaal</li> <li>• Ladies hand kerchief</li> <li>• Simple suit</li> <li>• Party wear suit</li> <li>• Nighty</li> <li>• Nighty gown</li> <li>• Blouse</li> </ul>	Hands stitches <ul style="list-style-type: none"> <li>• Hand needles-Size &amp; types</li> <li>• Sewing Thread</li> <li>• Types &amp; Applications of hand</li> </ul>
11	24.. Making samples of <ul style="list-style-type: none"> <li>• Faced Hem</li> <li>• Edge stitched hem</li> <li>• Double stitched hem</li> </ul> 25. Practice of the corner makings <ul style="list-style-type: none"> <li>• Self-turned</li> <li>• With additional strip.</li> </ul>	Hems <ul style="list-style-type: none"> <li>• Types</li> <li>• Uses</li> </ul> Corner Makings <ul style="list-style-type: none"> <li>• Types</li> <li>• Uses</li> </ul>
12	26. Making samples of:	Casing

	<ul style="list-style-type: none"> <li>• Casing with Drawstring.</li> <li>• Casing with elastic</li> </ul> <p>27. Making samples of edge finishing: Bias facing</p> <ul style="list-style-type: none"> <li>• Edge Finishing</li> <li>• Facings</li> <li>• Outside facing</li> <li>• Self-facing</li> <li>• Shaped facing</li> <li>• Binding</li> <li>• Piping</li> <li>• Romper</li> <li>• Apron</li> <li>• Daman</li> <li>• Haryanvi dress</li> <li>• Gents shirt</li> <li>• Capri</li> <li>• Baby set</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Uses</li> </ul> <p>Edge Finishing</p> <ul style="list-style-type: none"> <li>• Facing</li> <li>• Bindings</li> <li>• Pipings</li> </ul>
13	28.Making samples of different shaped necklines	<p>Necklines</p> <ul style="list-style-type: none"> <li>• Different shapes of neckline</li> </ul>
14	<p>29.Making samples of Plackets:</p> <ul style="list-style-type: none"> <li>• Faced Placket</li> </ul>	<p>Plackets</p> <ul style="list-style-type: none"> <li>• Types</li> </ul>

	<ul style="list-style-type: none"> <li>• One Piece Placket</li> <li>• Two Piece Placket</li> <li>• Two piece Placket with pleat</li> <li>• Zippered Placket <ul style="list-style-type: none"> <li>➤ Lapped</li> <li>➤ Fly Front</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Sample makings</li> </ul>
15	30. Making samples of different Pocket <ul style="list-style-type: none"> <li>• Patch</li> <li>• Inseam</li> </ul>	Pockets <ul style="list-style-type: none"> <li>• Types</li> <li>• Design variation</li> </ul>
16 17 18	31. Sample of making Sleeves 32. Practice of fixing fasteners as Buttons, Hook, Eyes, Press Studs. 33. Practice of making Button holes by Hand.	Collars <ul style="list-style-type: none"> <li>• Classification</li> <li>• Collar terms</li> </ul> Sleeves <ul style="list-style-type: none"> <li>• Classification</li> <li>• Sleeve length verification</li> <li>• Sample making of Sleeve with and without cuff</li> </ul> Trimmings <ul style="list-style-type: none"> <li>• Types</li> <li>• Applications</li> <li>• Fixing of Buttons, hole etc.</li> <li>• Making of Buttonhole.</li> </ul>
19	34. Practicing Darning And Patching.	Mending <ul style="list-style-type: none"> <li>• Darning</li> <li>• Patching</li> </ul>
20	35. Practice of taking Body Measurements.	Human Figures <ul style="list-style-type: none"> <li>• Eight Head Theory</li> <li>• Brief introduction abc joints and</li> </ul>

		<p>Muscles</p> <ul style="list-style-type: none"> <li>• Types of Figures Body Measurements</li> <li>• Importance</li> <li>• Types &amp; Measurements.</li> </ul> <p>Techniques</p> <ul style="list-style-type: none"> <li>○ Precautions</li> <li>○ Measurement Charts</li> </ul>
21	<p>36.Stitching of Ladies Suit.</p> <p>Ladies</p> <ul style="list-style-type: none"> <li>• Ladies chemise</li> <li>• Plain Ladies Shirt</li> <li>• Plain Salwar, Belted Salwar</li> <li>• Four piece Petticoat</li> <li>• Six Piece Petticoat</li> <li>• Saree Falls</li> <li>• Nightty</li> </ul>	<p>Drafting &amp; developing pattern for Ladies suit.</p>
25	<p>37. Practicing different types of layout using the given patterns.</p>	<p>Patterns</p> <ul style="list-style-type: none"> <li>• Importance</li> <li>• Pattern Information</li> <li>• Types of Spreading &amp; Pattern Layout</li> <li>• Importance</li> <li>• Spreading</li> <li>• Methods/machines</li> </ul>

		<ul style="list-style-type: none"> <li>• Types of layout Pattern Drafting</li> <li>• Drafting/Pattern Terminology</li> <li>• Principles of Pattern drafting.</li> </ul>
26	38. Pattern Making, Fabric Estimation, Cutting, Sewing. Pressing & Folding of Sari Petticoat	Pressing <ul style="list-style-type: none"> <li>• Tools</li> <li>• Methods Importance of</li> </ul> Pressing Trial Room <ul style="list-style-type: none"> <li>• Necessity</li> <li>• Specification</li> </ul>
27	39. Checking the Fitting of the garment	Sketching and drafting of Sari Petticoat.
28 29	40. Ladies Wear  41. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variation. <ul style="list-style-type: none"> <li>• Ladies Tops/Short Kurties</li> <li>• Ladies suit</li> <li>• Night wear (one piece/two piece)</li> <li>• Sari blouses</li> </ul>	Sketching and drafting of following garments <ul style="list-style-type: none"> <li>• Ladies Tops/kurties</li> <li>• Ladies suit</li> <li>• Night wear piece/two piece)</li> <li>• Sari blouses</li> </ul>
30	42. Checking the Fitting of the garment.	
31 32 33 34 35	43. Kids Wear 44. Pattern Making, Fabric Estimation, Cutting, Sewing 45. Pressing & Folding of the following garments with design variations. <ul style="list-style-type: none"> <li>• Simple Yoke Frock</li> </ul>	Sketching and drafting of following garments <ul style="list-style-type: none"> <li>• Dresses for newborn.</li> <li>• Dresses for Toddler</li> <li>• Dresses for kids</li> </ul>

36	<ul style="list-style-type: none"> <li>• Baby Jhabla</li> </ul>	
37	<ul style="list-style-type: none"> <li>• Baby Chemise</li> </ul>	
38	<ul style="list-style-type: none"> <li>• Baby Jhanghiya and under wear</li> <li>• Baby night suit</li> <li>• Umbrella cut frock</li> </ul>	
39	44. Gents Wear	Pattern Making, Fabric Estimation, Cutting, Sewing Pressing & Folding of the following garments with design variations.
40	Pattern Making, Fabric Estimation, Cutting, Sewing Pressing & Folding of the following garments with design variations.	
41	<ul style="list-style-type: none"> <li>• Nehru Kurta, Kalidar kurta</li> </ul>	<ul style="list-style-type: none"> <li>• Kurta &amp; Pyazama</li> <li>• Casual Shirts and Trousers</li> </ul>
42		
43	<ul style="list-style-type: none"> <li>• Plain Pyazama</li> </ul>	
44	<ul style="list-style-type: none"> <li>• Chudidar Pyazama</li> </ul>	
45	<ul style="list-style-type: none"> <li>• Gents Shirt, Aligarh</li> </ul>	
46	<ul style="list-style-type: none"> <li>• Pyazama</li> <li>• Kurta &amp; Pyazama</li> <li>• Paint cut Pyazama</li> <li>• Casual Shirts</li> <li>• Trousers</li> </ul>	
47	45. Checking the Fitting of the garment	Ladies Wear, Kids Wear, Gents
48	46. Revision & Examination	
49	47. Theory	
50	48. Doll Making	
51	49. Painting	
52	50. Flower making	
	51. Craft work	
	52. Emboidery	



SYLLABUS FOR FASHION DESIGNING 2 <sup>ND</sup> YEAR		
WEEK NO.	PROFESSIONAL SKILLS (TRADE PRACTICAL)	PROFESSIONAL KNOWLEDGE(TRADE THEORY)
1-4	<b>TRADITIONAL &amp; ETHNIC WEAR</b>  1.Drafting and cutting of Lehenga Saree  2.Stiching of Haryani Dress (Daaman)  1. Pattern making and embellishment of Lehenga design.  4. Fitting & finishing of traditional garments  (Traditional Resta and Gown)	<ul style="list-style-type: none"> <li>• Fabric Selection</li> <li>• Drapping Techniques, and Stiching method</li> <li>• Regional variations and cultural significance of traditional wear</li> <li>• Surface ornamentation embroidery techniques</li> <li>• Understanding measurements and alterations</li> </ul>
5-7	<b>NIGHTWEAR &amp; LOUNGEWEAR</b>  5. Designing & stiching of Bath Gown  6. Drafting and construction of Nighty  7. Making of Gents Night Suit	<ul style="list-style-type: none"> <li>• Fabric types for comfort &amp; loungewear trends</li> <li>• Differences in nightwear design &amp; styling</li> <li>• Finishing techniques for relaxed fits</li> </ul>
8-10	<b>WESTERN WEAR</b>  8. Drafting & construction of American Dress  9.Designing & stitching of Jumpsuit  10. Making of Caftan Dress	<ul style="list-style-type: none"> <li>• Silhouettes and cuts in Western wear</li> <li>• Fashion trends &amp; styling considerations</li> <li>• Free-flowing styles &amp; fabric draping</li> </ul>

11-13	<b>KIDSWEAR &amp; PARTY WEAR</b> <b>11. Making of Baby Set</b> <b>12. Drafting &amp; stitching of Party Wear Suit</b> <b>13. Pattern making &amp; embellishment of Gown</b>	<ul style="list-style-type: none"> <li>• Soft fabric selection for kidswear</li> <li>• Styling elements in party wear</li> <li>• Gown variations and finishing techniques</li> </ul>
14-15	<b>MEN'S WEAR</b> <b>14. Drafting &amp; construction of Gents's Shirt</b> <b>15. Making of Men's Suit</b>	<ul style="list-style-type: none"> <li>• Shirt fitting &amp; collar variations</li> <li>• Suit measurements &amp; tailoring techniques</li> </ul>
16-18	<b>TEXTILE &amp; DESIGN</b> <b>16. Painting Techniques</b> <b>17. Ties &amp; Dye Techniques</b> <b>18. Craft Work</b> (hand embroidery , patchwork)	<ul style="list-style-type: none"> <li>• Textile painting methods &amp; tools</li> <li>• Types of tie &amp; dye and their application</li> <li>• Importance of craft in fashion</li> </ul>
19-20	<b>THEORY &amp; PRACTICAL</b> <b>19. Understanding Fashion Theory</b> <b>20. Restyling &amp; Draping Techniques</b>	<ul style="list-style-type: none"> <li>• History of fashion, designers &amp; trends</li> <li>• Upcycling , draping for different body types</li> </ul>
	<b>Project work/ On Job Training</b>	
	<b>Revision</b>	
	<b>Examination</b>	

**NOTE: -**

1. *The instructor may design their own project and also inputs from local industry may be taken in designing such new project.*
2. *The project should broadly cover maximum skills in the particular trade and must involve some problem solving skill. Emphasis should be on Teamwork: Knowing the power of synergy/ collaboration, work to be assigned to a group (Group of at least 4 trainees). The group should demonstrate Planning, Execution, Contribution and Application of Learning. They need to submit a project report.*
3. *If the instructor feels that for execution of specific project more time is required then he may plan accordingly in appropriate time during the execution of normal trade practical.*